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FREE TIME

- Design of tips and tricks ●
- Landscapes from Croatia and Turkey ●
- Book Review of Čovjek bez sudbine ●
- Being a Social Media Manager ●
- Monthly Events of Krapina-Zagorje ●

SADRŽAJ

Design of Tips and Tricks | Marija Gebert 3

Landscapes from Croatia | Erkin Duman 4 - 5

Landscapes from Turkey | Evin Arslan 6 - 7

Čitali smo: Imre Kertesz – Čovjek bez sudbine | Tin Krznar 8 - 9

Be Your Own Social Media Manager | Paula Petrincec 10 - 11

Monthly Events in Krapina - Zagorje | 12 - 16



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WHAT DOES THE NOTION OF "FREE TIME" MAKE US THINK?

What do you do, when you have free time?

I think this question is important because it may change for everybody. When people ask me this question, I cannot find an answer easily and just I tell them some classic hobbies: reading books, listening to music, watching movies. Yes, I like them but, if we think about our hobbies, we can find many different activities.

Days are passing and we don't think too much about what we are doing during the day. What do we like? Which activities do we interest in? If we cannot start realizing our interests, why?

These questions look easy but if you start to think, you will realize that you will discover many things about yourself or the world. Yes, world! Because, sometimes, it is not about you. Our activities are also related to our culture, opportunities, social, political and economic reasons.

So, in this issue, we asked ourselves these questions

and tried to find answers. I interviewed young Turkish people and asked them about their hobbies. They explained their opinion honestly. Erkin Duman wrote about what Croatian young people do in their free time. Marija Gebert explained the tips and tricks of Typography. If you are interested in design, you should read it! Paula Petrincec wrote about being a social media manager. If you have a small business or you are working for an NGO, she gives you very important knowledge. Tin Krznar, wrote book review about the "Čovjek bez sudbine" book. If you like to think about books, you will find important analysis.

Spring has come, the weather is better than before and we are more energetic this month! Let's discover the second issue of mla-dost.dobro magazine.

If you want to write an article to mla-dost.dobro or share your opinion about mla-dost.dobro magazine, feel free to write us: evinarslan123@gmail.com



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Tipografija

Ponekad želiš koristiti font koji ne uključuje slova sa kvačicama, a ne znaš kako? Bez brige, postoji idealno besplatno online rješenje uz čiju pomoć možeš kreirati vlastiti font ili preoblikovati postojeći.

Kako bi ti priča oko tipografije bila jasnija, važno je da barataš pojmovima kao što su tipografija i font na pravi način. Tipografija je umijeće slaganja tipografskih elemenata, tj. dijelova teksta i ilustracija u jedinstvenu i razumljivu optičku cjelinu dok je font podgrupa tipografije. Uzmimo za primjer Arial. Arial je tipografija koja se sastoji od više fontova, pa tako možemo reći da je Arial Black zaseban font tipografije Arial. To bi značilo da ako te neko pita koji font koristiš za pisanje seminara ili eseja ti ćeš odgovoriti kako koristiš npr. Times New Roman Regular, no ako te pitaju koju tipografiju koristiš, u tom će slučaju tvoj odgovor biti samo Times New Roman.

Glyphr STUDIO

Nakon upoznavanja sa pojmovima, vrijeme je da se upoznaš sa programom. Glyphr studio je online program i služi za kreiranje tipografije ili fontova. Tipografija i fontovi bazirani su na vektorskoj grafici te su i sami kreirani unutar vektorskih točaka. Zato prilikom povećavanja i smanjivanja teksta tipografski znakovi ne mijenjaju kvalitetu već samo veličinu. Unutar programa, možeš uvesti neki postojeći font i na njemu raditi modifikacije kao što su dodavanje točaka, kvačica, mijenjanja oblika nekog

slova itd., ali također možeš kreirati potpuno novu i vlastitu tipografiju koju kasnije možeš koristiti u svim programima svojeg računala, ali i računalima na kojima ćeš instalirati svoj font/tipografiju.

Prilikom korištenja obrati pozornost na to da se tvoja slova nalaze na tzv. baseline, što znači da slovo mora biti poravnato sa linijom kako bi prilikom korištenja fonta izgledalo kao dio cjeline, tj. fonta. Isto tako, hrvatski jezik sastoji se od znakova



koji spadaju u kategoriju Latin Extended-A kategoriju što znači da ćeš korištenjem te kategorije dobiti područje za kreiranje sljedećih slova: Š, Đ, Ž, Č, Ć.



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LANDSCAPES FROM CROATIA:

WHAT ABOUT FREE TIME FOR YOUNG PEOPLE IN CROATIA?

The more we grow up, the more we realize the importance of the concept of time. Sometimes we feel that the time hangs heavy on someone's hand. And sometimes we do not understand how time flies.

However, we all do like the chill moments when we close our eyes after an exhausting day in a rush. We, sometimes, might even forget to spare some time for ourselves within the fatigue of the day, backlogs, deadlines. In fact, we can beneficially do many things in 24 hours when we plan it well,

At this point, we thought that it might be perspective-changing to confer with young people. Even if time is equal for all of us, the concept of time is individual. Comparing ourselves to others might be uncomfortable for us. When looking from this point, within the interviews, there are students, workers, both workers and students. The time is equal for those however, while 24 hours would be enough for some, It is not enough for others. Herein, maybe, we should observe how useful and wisely we can benefit from the time.

In other words, how much time can we separate for ourselves while we are lost

in time and find ourselves in the rush of life?

Yes, maybe we would feel better when we separate time to get away from our continuously thinking mind. Let's imagine a moment how we can benefit from our free time even when it makes us smile when we think about it. The answer of "separating time" was more or less the same. The young people are very aware of this subject and pay attention to separate time. While some of them can have the whole weekend for themselves, the others have time in the first opportunity. Still, we can see that the seven days are equal for each of us. However, we are different in individual aspects.

Not only separating time, but also we

dissent when it comes to free-time activities. While some of us prefer resting and chilling, others prefer singing in their free time. However, there is one mid-point, which is to watch films or TV series. I guess this is within our favorite activities.

The other mentioned activity is to drink coffee with friends. In this point, we can see that Croatian youth love to talk, share, socialize and separate time for their family and friends.

In addition to that, they also pay attention to working out frequently. We all know the countless benefits of working out. Croatian youth is also very well aware of this. And sometimes, we end the day without doing anything. When we look back, we feel sorry for spending a day in vain. In fact, after the conversations we held, we saw that young peo-

ple think au contraire. To put it all in simple terms, sometimes we can give an off day to ourselves as a reward. The only thing that our brain and body need might be just resting and doing nothing. They all agreed that it causes nothing but sadness and regret to force ourselves to

do something when we need rest. But they also agreed that if there is something

that they have to do, but do not complete, then they feel bad about it. However, they also underlined that if there is no task to do, forcing themselves to do something only cause tiredness.

To sum up, as a result of our interview with the young people, we had a chance to see the importance of free time and the priority of our requests.

We can also say how beneficial and progressive the free time activities can be. Before concluding, I would like to add this quote that biased me from a book written by Ana Tan “Free time was the most precious time when you should be doing what you loved, or at least slowing down enough to remember what made your life worthwhile and happy.”

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LANDSCAPES FROM TURKEY:

WHAT ABOUT FREE TIME FOR YOUNG PEOPLE IN TURKEY?

If I say Turkey, what will you remember about Turkey? Maybe, seaside, vacation, beautiful buildings and some traditional food. I remembered this feature when I looked from Croatia to Turkey. But if you live in Turkey, it can be so different for you especially if you are young.

Let's check closer to Turkey. Turkey is a Eurasian country. Turkey's population is almost 84 million people and there are 81 cities in Turkey. Istanbul is the most crowded city in Turkey. Istanbul's population is almost 15 million people according to 2021 data. But also there are so many undocumented immigrants. That's why the population of Istanbul may be much higher than the official figures. Young people generally prefer to live in İstanbul because of the job, opportunities, and activities. Let's listen to youth and explore its good and bad features.

"I don't have so much free time in Istanbul"

Fatma Çiftçi who is 24-years-old that is studying German Language and Literature at Sakarya which is a city in Turkey. She grew up in İstanbul

but she went to Sakarya when she got into university.

Çiftçi says that she likes sitting in a café and talking with her friends; if she is alone, she likes watching movies and series in Sakarya. Çiftçi expresses that Sakarya has a good nature but people who live in Sakarya are conservative.

She returned to İstanbul last year because the lessons are online. Also, she is working as an office worker. Fatma Çiftçi explained that she doesn't have so much free time in İstanbul because she has to work all the time. But if she has free time, she prefers watching series or reading books. She says that everything is so expensive in İstanbul. She states that she was going to the cinema before but she cannot go to the cinema because movie tickets are so

expensive.

"Do you want to live in another country?" She replied to this question:

"I want to live in Germany because there is a higher quality of life. Young people in Germany have higher self-confidence because they are supported in many different areas. Young people in Turkey are not supported in every field."

Taking photos, playing the oud...

Görkem Durusoy who is 24-years-old studied Journalism at Elazığ which is a city in Turkey. Now he is working as a freelance photographer and journalist. The family of Durusoy moved from Elazığ to İstanbul because of economic difficulties in 1989. That's why he grew up in İstanbul but Durusoy went to Elazığ because he got into university. He says that he was forced because he went from such a big city to a small city and couldn't find any activity at the beginning. He states that after he made friends, he and his friends created creative activities. Durusoy says that Elazığ has a very good music culture and that he learned to play the oud by going to the music community. He likes to travel around Elazığ, take pictures, work in the local newspaper and the school newspaper. But he says



Fatma Çiftçi



that Elazığ is a small city and there aren't many activities for young people. And he says people who live in Elazığ are helpful but conservative. Now he is living in İstanbul and he describes to this city:

"İstanbul is a very nice city for people who have a traveler spirit and free soul because of historic buildings, big districts to see. Meeting people from different cultures, catching up on different stories are amazing for journalists. Every district of İstanbul brings me different activities. For example, drinking boza in Fatih, eating fish and bread in Eminönü, taking photos in Sultanahmet, and drinking raki in Karaköy. But of course, there are also negative aspects. Transportation is so expensive, finding a job is difficult and life is getting more and more expensive. Young people became more and more worried because of these situations. Activities in İstanbul are enough for young people but if you don't have money, you cannot do anything."

"Do you want to live in another country?" he answered the question as: "I want to live in another country because I want to experience different cultures and I want to live comfortably economically and socially. I want to live without worrying about the future."



Tutku Sönmez

"I like walking in quiet and cycling near the sea"

Tutku Sönmez is 24-years-old and she is working for an NGO as a communication and campaign manager. Previously she was living in Balıkesir, a city in Turkey. She has lived in İstanbul since 2015.

Sönmez likes watching performing arts like musicals, opera, visiting museums and galleries; meeting with her friends, and eating outside. But

Sönmez says that she cannot do these activities because of economic difficulties.

She says that there are so many activities and opportunities for young people in İstanbul but she states that she doesn't like to live in İstanbul because it's especially very crowded. That's why Sönmez says that she likes walking in quiet and secluded places and cycling near the sea.

"If you are living in İstanbul, you feel like you are trying to survive," says Sönmez and adds: "İstanbul is a city where time is limited and time is mostly spent on the roads. Even if young people go to an event, it is difficult to find a safe, fast and economical way to return home after the event. İstanbul is a cosmopolitan city but consists of small ghettos."



Görkem Durusoy

Čitali smo:

Imre Kertész - Čovjek bez sudbine

Imre Kertész mađarski je književnik rođen 1929. u Budimpešti. Dobitnik je Nobelove nagrade za književnost 2002. Roman „Čovjek bez sudbine“ počeo je pisati 1960., a objavio ga je tek 1975. bez većeg odjeka u Mađarskoj. Kertész u romanu s autobiografskim elementima, iz perspektive petnaestogodišnjeg Židova iznosi svoja iskustva iz nacističkih koncentracijskih logora Auschwitza, Buchenwalda i Zeitzaa.

Roman počinje rečenicom „Danas nisam bio u školi.“, kojom pisac najavljuje mladog pripovjedača u 1. licu, sadašnjost kao vrijeme pripovijedanja, a možda čak i (čitatelj bi mogao pomisliti) formu dnevnika zapisa. Pripovjedač, petnaestogodišnji György Kovács, na početku romana, na gotovo humorističan način i u skladu sa svojim godinama i iskustvom (infantilna perspektiva), opisuje svoju obitelj koja se okupila kako bi se oprostila od njegova oca koji odlazi u „radni logor“. Dječak (ili mladić) ostaje s maćehom i ubrzo i sam dobiva obavijest o radnoj obavezi, koja mu i nije previše teško padala („Sam posao i nije bio odveć zamoran, a onako, udruštvu s tim momcima, zapravo je bilo čak prilično zabavno...“) dok mu se jedan radni dan nije pretvorio u putovanje u koncentracijski logor. Pripovijedajući iz perspektive petnaestogodišnjeg dječaka Kertész postiže naivan i nevin ton pripovijedanja kojim odiše cijeli roman. Tako dječak deportaciju iz Budimpešte opi-

suje kao da opisuje školski izlet sa svojim prijateljima, a događaje u logoru, postupke robijaša i njihovih tamničara riječima poput „prirodno“, „naravno“ i „razumljivo“ (iako je čitatelj koji je upućen u događanja u koncentracijskim logorima za vrijeme Drugog svjetskog rata sasvim jasno da tamo ništa nije bilo razumljivo i prirodno). Pripovjedač ne komentira svoja zapažanja, on opisuje ono što vidi i doživljava, ali ne izražava svoj stav o tome.

Možda najveće čuđenje kod čitatelja izaziva upravo činjenica da se dječak ni u jednom trenutku ne žali, već prihvaća ono što mu se događa kao da baš tako mora biti.

On ne predviđa događaje, on ih živi onako kako se s njima susreće, korak po korak, jer „postoje samo date okolnosti i nove situacije koje iz njih proizlaze“. Takav način pripovijedanja, kojim se otkriva samo dio istine, dio trenutno dostupne stvarnosti, utječe na to da ni čitatelj (iako naoružan znanjem o holokaustu) ne zna ništa više od pripovjedača, da tapka zajedno s njim u neznanju o tome što bi moglo biti dalje, da mu se čini da su događaji prilično čudni, teško shvatljivi, tajanstveni, ali ne i strašni i grozoviti. Nakon oslobođenja i povratka u Budimpeštu

naglo odrastao dječak (shvaćamo da je tako iz njegovih vrlo zrelih promišljanja o svemu onome što mu se dogodilo) svoje stavove (napokon) iskazuje u razgovoru s novinarom (koji bi htio čuti o njegovim iskustvima iz logora) i s bivšim susjedima. „No dok čovjek počne razumijevati stvari, ipak ne ostaje potpuno bes-



poslen, jer odmah prione na svoj novi posao, živi, djeluje, kreće se, izvršava svaki novi uvjet na svakoj novoj stepenici. Međutim, bez toga vremenskoga slijeda sve bi se odmah, na licu mjesta sručilo na nas, a lako je moguće da to naša glava, lubanja pa valjda i srce ne bi mogli podnijeti.... Dakle, to postepeno prihvaćanje stvarnosti omogućilo je mladom protagonistu romana da preživi i istovremeno da ne poludi. On je, naime, jako dobro vidio sav apsurd situacije u kojoj se našao, no nekako je uspio shvatiti da, baš

poput Sizifa, mora prigriliti svoj kamen i pokušati gurati ga uzbrdo. Pritom je uočio, najviše na samom kraju svojega tamnovanja, za boravka u bolnici, da su i ljudi oko njega pronašli način da se odupru besmislu i ljudima koji su ih tretirali kao niža i nevrijedna bića. Odupirali su se jedinim što su uspjeli sačuvati – svojom ljudskošću, plemenitošću, suosjećajnošću: „Neki drugi su obilazili ponekoga bolesnika koji je tu ležao; stizali su brzo, šuljajuć se, gotovo kradomice. (...)... po svemu sam mogao zaključiti

da su oni dolazili samo iz jednog jedinog razloga.... da se vide s tim svojim oboljelim bližnjim. (...) Dapače, ne sumnjam (...) da je sastavnicom tih događaja bilo i riskiranje, i tvrdoglavost, moglo bi se reći, čak i prkos“

Pripovjedač se ne može i ne želi poistovjetiti s idejom o tome da uopće postoji nešto što se zove sudbina židovskog naroda. Taj je problem pisac otvorio na početku romana kad nam mladi Koves govori kako mu je tijekom oprostajne večere, upriličene zbog očeva odlaska u logor, stric rekao kako mora biti hrabar u novonastaloj situaciji jer je sada i on dio zajedničke sudbine Židova.

„A od ovog trenutka, kazao mi je, i ti dijeliš zajednički židovski usud, što je zatim i opširnije pojašnjavao, spomenuvši kako ta sudbina zapravo znači neprestane progone koji traju tisućljećima, a koje, međutim, Židovi, moraju prihvatiti skrušeno i s požrtvovnom strpljivošću zato što im je zbog davnašnjih grijeha Bog tako odredio...“

S istom se idejom dječak susreće, kad, nedugo zatim, razgovara s djevojčicama koje stanuju u istoj kući kao i on (s jednom od njih doživljava i prvu ljubav). Neimenovana je djevojčica, nakon duga razmišljanja, zaključila kako su „Židovi drukčiji od drugih“, da „razlike nose u sebi“ i da ih ljudi upravo zbog njih mrze.

Stakvim se stavom dječak nikako ne može složiti i djevojčici se suprotstavlja pričom o kraljeviću i prosjaku, koju je bio nedavno pročitao. Na temelju svoje usporedbe zaključio

je da su razlike nešto nametnuto, izmišljeno, iskonstruirano i da, kad bi one doista postojale, Židove ne bi trebalo obilježavati žutom zvijezdom.

Na kraju romana bivšim susjedima Koves iznosi svoju tezu :

„ukoliko postoji sudbina, tada više ne postoji sloboda izbora; a ukoliko (...) postoji sloboda, onda nema sudbine.“

I sam naslov „Čovjek bez sudbine“ najavljuje nam ono što pripovjedač shvaća sasvim jasno na kraju romana: ne postoji nešto što se zove sudbina židovskog naroda, ne postoji sudbina koju on dijeli s ostalim Židovima kako su mu to htjeli nametnuti njegovim najbliži. Njegova ogorčenost nakon dolaska iz logora posljedica je upravo te mirne predanosti nekoj navodnoj sudbini i on baš to teško oprašta svojim sunarodnjacima. „I ja sam proživio jednu zadatau sudbinu. Premda ona nije bila moja sudbina, ipak sam je baš ja morao proći.“

Na samom kraju zaključuje: „Nema te besmislice koja se ne bi mogla doživjeti posve prirodnom, a na mojem me putu, znam već i to, poput nezabilazne stupice vreba sreća.“ Kerteszov roman izuzetno je i upečatljivo djelo.



BE YOUR OWN SOCIAL MEDIA MANAGER

Tips, tricks and advice for NGO's, small businesses and anyone else who needs social media marketing

Social media is used by 58.4 percent of the world's population and the average daily usage of social media is 2 hours and 27 minutes, according to Datareportal research from January 2022. The start of the COVID-19 lockdown period contributed even more - there has been a significant surge in internet and digital activities. But the number of people using social media is still continuously increasing, with an average of 13 new people signing up for the first time every second.

billion monthly active user figure at the end of September 2021. It has taken TikTok just 5 years to reach this milestone. Considering the just growth of social media we can see the importance of digital presence for brands, small businesses, non-governmental organizations etc. Big and successful brands are trying their best to hire professionals in marketing industry who have exceptional skills and creative mindset to create the best image of their brands online, on the

important which leads to other values such as customer loyalty. But what about small businesses and organizations who can't pay a team of professionals to do the social media marketing for them? If you have just a little bit of creative component in yourself, the will and time – you can do it yourself for no money! I have started doing social media marketing at the start of my studies when I joined the student council. Then I started working with small companies and NGO's who didn't have the time for social media. As a student I couldn't afford expensive systems for creating and organizing content, so I have found multiple free platforms that helped me work through the barriers. Five years have passed since I've been actively learning about social media and the trends that are changing rapidly. I did my master's study in Marketing field, learning more about digital marketing and content production. According to my short, but valuable experience I am writing a list of tips, tricks and advice for doing your own social media management.



With the usual apps of Facebook, YouTube, WhatsApp, Instagram, FB Messenger and Wechat which have taken over the first six places on the chart of globally most used social media platforms, TikTok had announced that it had passed the 1

platform that their clients are using. Hiring a whole team of professionals and investing in marketing is worth millions of dollars and the results of campaigns are often not tangible – brands invest enormous amounts of money to be visible, recognizable,

1. WHERE TO BE? HOW TO START?

Deciding on the platform you want to use is up to the fact where you can find your targeted public. The young audience (18 and less) is usually not on Facebook anymore – instead, they mostly use Instagram, TikTok and Snapchat. People in business are on LinkedIn, and generations up to gen Z are on Facebook. Datareportal platform offers up to date information on Global Social Media Trends.

If you determined your targeted audience, you will easily find the social media platform that would work best for you. If you have multiple accounts and a website, try combining it on free platform linktr.ee. You can always add and remove links from it. Share your profiles with people whom you know, follow other accounts that could be valid to you or who you want to support. If you have a workplace that other people visit, create a QR code with QR Code Generator so they can easily scan it and follow you!

2. WHAT TO POST AND WHEN?

Maybe it would be the best to get yourself a pen and paper, at this point. Write down your company name and start an association game. What do you do? How could you represent your offer/products/activities online? Along with this, could you include other content that would interest your audience – like showing the process of making your product, tips&tricks, advice, quotes, recommendations, interesting facts? Please, be careful here to put the source and make sure to fact check the information.

The timing is the one thing you would have to test. For example, Instagram likes consistency. You can try posting at 4 pm for one month, and at 8 pm the other, and see when your audience is mostly online. Instagram also likes when you use the new tools it offers, such as reels – so try all the new with every update because then Instagram will push you on its own.

3. VISUAL ASPECT OF SOCIAL MEDIA

Social media is mostly a visual tool and therefore it is important to create visually pleasant content. The start point here is to determine your brand color palette, you can take it

from your logo if you have one. This is when Canva comes in handy. Canva is a free graphic design software that lets you alter photographs without having any prior expertise or knowledge of photo editing. Using Canva's free color palette generator you can easily get the colors you can work with. You can use Canva to create all of your content – you will quickly figure out how it works since it is very user and beginner friendly. It is also a great source of inspiration!

4. SCHEDULING YOUR CONTENT

Did you know that you can schedule your content so the chosen platform posts for you? A lot of people are not familiar with this life saving tool! The one that is free and that I use is called Creative Studio by Meta, you can find it in the search bar inside the Facebook applications. It connects Instagram and Facebook profiles and posts at the time you want. When posting try coming up with an interesting, but not so long text that will interest your audience in reading, liking and commenting. Remember, every like, comment and share is valuable as it's rising your online visibility! Also, don't forget about the hashtags... They are not of much use on Facebook (only if you want to put an emphasize on something), but on Instagram they are extremely valuable if picked correctly. For this purpose, I use a mobile app called Tagify and choose the moderately popular hashtags. You don't want to put the most popular ones as they have a couple of thousand uses and your post will just get lost then. And please, use emojis – the world is a prettier place with emojis.

5. SOME OTHER ADVICE

For photo editing I use Snapseed and Adobe Lightroom, and for video here is Video Guru app. If you want to see how your Instagram feed would look like in advance, before you post anything – you can try the mobile app Feed Preview. All the messages from Facebook and Instagram are combined in a mobile app called Business Suite.

The world wide web provides us with many free options to manage our own social media. Although the platforms are free, the social media managing can be pretty time consuming, but worth it in the end! It is a great way to connect with your audience and stay important online. All the apps and platforms I recommended are user friendly and I guarantee you they will make your life easier if you want to get your socials on the next level and learn on the way.



gfuk i po Zagorju

03.05.2022. - 05.05.2022.

Aldo Nicolai "Nije bila peta, bila je deveta", gfuk i po Zagorju

03.05. Utorak 20:00 sati ZABOK, Kino Zabok

04.05. Srijeda 20:00 sati KLANJEC, Kulturni centar

05.05. Četvrtak 20:00 sati OROSLAVJE, Dom kulture



15. Glumački festival u Krapini – gfuk

07.05.2022.

15. Glumački festival u Krapini – gfuk
07.05. **Tko pjeva zlo ne misli**, Festivalna dvorana u Krapini u 20 h

[Link na ulaznice!](#)



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J. R. August

06.05.2022. - Kino dvorana Zabok

J.R. August – 06.05.2022.

Jedan od naših najznačajnijih autora novije generacije, sjajni J.R. August dolazi u Kino Zabok u petak 6. svibnja 2022. Višestruki dobitnik domaćih glazbenih nagrada na velikom koncertu na domaćem terenu nastupiti će samo nekoliko tjedana nakon objave novog studijskog albuma.

Ulaznice potražite po cijeni od 70 kn u sustavu Eventim i online na www.eventim.hr. Na dan koncerta trebat će izdvojiti 80 kn.

BluVinil

07.05.2022. - Krčma Polanović

BluVinil Proljeće u Zaboku 22 – 07.05.2022.

Zašto su ovi momci stvorili hajp oko sebe moći ćete saznati na Proljeću u Zaboku. U pametne mobitele i rokovnike valja upisati subotu, 7. svibnja, mjesto je ljetna pozornica Krčme Polanović. Ulaznice po pretprodajnoj cijeni od 45 kuna mogu se kupiti preko sustava Entrio. Na dan će koštati 60 kuna. Kupnjom ulaznice za koncert ostvarujete pravo na vođenu turu u pivovari Nova Runda. [Link](#)





Cinkuši

13.05.2022.

Bez okolišanja - Cinkuši na ljetnoj pozornici Krčme Polanović - petak, 13. svibnja! Sigurno smo da ćeš zapamtiti datum, ali za svaki slučaj pribilježi ga u crni notes, a može i pametni telefon. Ulaznice po pretprodajnoj cijeni od 45 kuna mogu se kupiti preko sustava Entrio, a na ulazu će koštati 60 kuna. [Link.](#)



Trening samoodbrane za žene

07.05.2022.

CESI - SOS telefon i savjetodavništvo za žene žrtve nasilja KZŽ organizira trening samoodbrane za žene. Trening će se održati 07.05.2022. u 10 sati u Zelenoj dvorani, Trg D. Domjanića 6 u Zaboku. Povedite kolegicu, prijateljicu, majku, sestru, kćer ili drugu vam dragu ženu i dođite podržati ovaj simboličan trening i obilježavanje borbe protiv nasilja nad ženama i nasilja u obitelji.



gfuk i po Zagorju

02.05. do 08.05.2022.

02.05. Ponedjeljak 20:00 sati KRAPINSKE TOPLICE, Dom kulture - predstava "4 poze, sretan svršetak"

03.05. Utorak 20:00 sati TUHELJ, Osnovna škola - predstava "Šund naš svagdašnji"

06.05. Petak 20:00 sati NOVI GOLUBOVEC, Društveni dom - predstava "Ja trudnica"

08.05. Nedjelja 20:00 sati BEDEKOVČINA, Jezera/Osnovna škola - predstava "Ne daj se Njofra"

08.05. Nedjelja 20:00 sati MAČE, Dom kulture - predstava "Žena godine"



Radionice efektivnog pisanja

05. do 26.05.2022.

Radionice efektivnog pisanja

5.-26.05.2022. Četvrtkom u Centru za mlade KZŽ Nakon uspješno završenog tečaja turskog, ESS volunteer Mreže udruga Zagor, Erkin Duman poziva zainteresirane na radionice efektivnog pisanja. Radionice će se održavati četvrtkom u periodu od 5. do 26. svibnja 2022. u prostoru Centra za mlade KZŽ u Zaboku (Trg svete Jelene 6).

Više info o radionicama i prijave (link) [ovdje.](#)

**SVIBANJ
2022.**

Neno Belan i Fiumensi

14.05.2022.

Neno Belan i Fiumensi

S radošću najavljujemo kako će 14. svibnja na Trgu K.Š. Gjalskog u Zaboku nastupiti legenda pop-rock glazbe Neno Belan uz bend Fiumensi.



MLA-
DOST.
DOBRO



Matija Cvek 27.05.2022.

27.05.2022. - Beer Fest Punkt

Matija Cvek 27.05.2022.

Čestitke Matiji Cveku na dobivena dva Porina i to u kategoriji Najbolji album pop glazbe za album „Izbirljivo i slučajno“, te u kategoriji Najbolja muška vokalna izvedba za pjesmu „Ptice“. Iznimno nas veseli da nam Matija dolazi na ovogodišnji Beer Fest Punkt 27. svibnja. Kao i sve festivale do sada ulaz će biti besplatan.



Urban & 4

22.05.2022. - Vodosprema

Urban & 4 – 22.05.2022. zabočka Vodosprema

Grad Zabok objavio je odličnu vijest za sve ljubitelje rocka koji će 22. svibnja, na Dan grada imati prilike uživati na koncertu Damira Urbana i njegovog benda "4". Višestruki osvajač Porina i jedan od najistaknutijih domaćih umjetnika nastupit će na predivnoj lokaciji zabočke Vodospreme, na krovu grada. Spajajući ambijent, vrsne umjetnike i odličnu glazbu Zabok vam priprema nedjeljno večer za pamćenje.

Marko Tadić: Prolazna forma
Do 15.05.2022. - Zabok

Marko Tadić: Prolazna forma
30. 04. - 15. 05. 2022. - Green
Room galerija - Zelena dvorana,
Zabok.

Marko Tadić (Sisak, 1979.) je
nagrađivani hrvatski umjetnik,
docent na slikarskom odsjeku
Akademije likovnih umjetnosti
u Zagrebu i voditelj niza umjet-
ničkih radionica za djecu, stu-
dente i odrasle.



17. Sajam udruga Krapinsko-zagorske županije
28.05.2022.

Poštovane udruge, s veseljem Vam javljamo da će se
17. Sajam udruga Krapinsko-zagorske županije održati
u Zaboku, na prostoru Trga Ksavera Šandora Gjalskog,
28.05.2022. od 09:30 do 12:00 sati.
Prijaviti se možete do 12.5.2022., a više informacija o
Sajmu i načinu prijave pronađite na [linku](#).

„Trending #HGSS70“
Do 13.05.2022. - Gradska galerija Zabok

Ne zaboraviti posjetiti Izložbu Tweetova Trending
#HGSS70 u Gradskoj galeriji Zabok.

Izložba je organizirana povodom 70. obljetnice
osnutka Hrvatske gorske službe spašavanja
u rujnu 2020., a kojom predstavljaju svoje na-
kreativnije trenutke s društvene mreže Twitter.



Chui
27.05.2022. - Krčma Polanović
Chui – 27.05.2022.

Chui na Proljeću u Zaboku? Može! Posljednji
petak u svibnju rezerviraj za ove space jazz rock
genijalce, a mjesto gdje trebaš doći je ljetna
pozornica Krčme Polanović!
Ulaznice po pretprodajnoj cijeni od 45 kuna
mogu se kupiti preko sustava Entrio, a na ulazu
će koštati 60 kuna. [Link](#).

SVIBANJ
2022.

Pips, Chips & Videoclips + finalisti 2022 21.05.2022. - Finale HGF-a 26

Subota 21.05.2022. / 20:00 / reGarden Zabok / upad free; Pips, Chips & Videoclips - Zagrebački bend o kojem se ne treba puno pisati, ove godine slave 30 godišnjicu postojanja te će zasigurno svim svojim fanovima ponuditi brojne hitove iz svoje dugogodišnje karijere.



ONE DREAD izrada murala 28.05.2022. - One dread

ONE DREAD izrada murala + škola grafita (Miron Milić/Afrika)
Subota 28.05.2022. / Zabok / ONE DREAD izrada murala + škola grafita (Miron Milić/Afrika)

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Druženje s promotorima 13.05.2022. - Nagrađivanje mladih

Pridruži se sastanku promotora s mladima i osvoji bodove za kategorije na stranici Nagrađivanje mladih.
Dođi 13. svibnja u 18 sati u Centar za mlade KŽŽ (Trg svete Jelene 6, Zabok)

Sudjelovati mogu mladi koji su se registrirali ili se planiraju registrirati na mrežnu stranicu "Nagrađivanje mladih", ali i bilo koja zainteresirana mlada osoba



Konferencija 24.05.2022. - Regionalna rasprava o smjernicama za razvoj javnih politika

Predstaviti će se osam smjernica te će se fokus staviti na smjernicu „Profesionalni status i kompetencije radnica i radnika s mladima”
Tuheljske Toplice
24.5.2022. s početkom u 10:00 sati

13. svibnja 2022.
18:00 sati
Centar za mlade KŽŽ
Trg svete Jelene 6, Zabok

Druženje s promotorima

Dodi i osvoji 2 boda u kategoriji "Umreži se"

Tko može sudjelovati?
Mladi koji su se registrirali ili se planiraju registrirati na mrežnu stranicu "Nagrađivanje mladih", ali i bilo koja zainteresirana mlada osoba

Što će se raditi?
Mladi će se družiti s promotorima uz kavu i čaj

MREŽA
UDRUGA
ZAGOR

Nagrađivanje mladih