

MLA- DOST. DOBRO

ONE YEAR
EDITION

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Slovjak, Vjekoslav Flegar, Filip
Matok, Karlo Pasariček



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magazine

**MREŽA
UDRUGA
ZAGOR**



CENTAR ZA MLADKZZ

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LETI, LETI, LETI... VRIJEME - LETI!

Ovaj mjesec slavimo! Slavimo prvi rođendan, odnosno 12. broj našeg časopisa.

Što nas drugo podsjeća na rođendane nego torte i kolači? Zato smo vam u ovom broju pripremili čak dva mladića kojima ti pojmovi svakako nisu strani. Filip i Vjekoslav će vam svojim slasticama sigurno potaknuti apetit, u to smo sigurni.

Kako vrijeme leti, uvjerali smo se i sami, tako je prošlo već gotovo 2 mjeseca od raznog potresa u Turskoj na kojeg se kroz svoj članak osvrnula naša Aysenur. Jordan nam kaže kako nema mnogo znanja o modi, no jedno zasigurno zna, a više pročitajte u njegovom članku. Janko nam je tako napisao priču o trance partiju na kojem je nije bilo, koga i kako saznajte u cijeloj priči.

U novom broju pročitajte kakva se to izložba fotografija otvorila u Donjoj Stubici i što kažu panelistice okruglog stola o svojim Erasmus+ iskustvima.

Da se prisjetite kako se 22. travnja obilježava Dan planeta Zemlje pročitajte kako nam je bilo 1. travnja na likovnoj koloniji na temu zelena Europa.

A stiglo nam je i proljeće, a s njim i naši popisi događanja u županiji koje smo izdvojili za vas. Uživajte u čitanju, a svi vi koji nam želite poslati svoje priče, članke, fotografije, pošaljite nam mail na: mladost.dobro@gmail.com.



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**22. travnja
DAN PLANETA
ZEMLJE**

JORDAN'S JOURNAL

I may not know about fashion, but I know about free stuff

When you say “fashion”, I can't think about anything good. Personally, I've always associated fashion with unification. Just one extra way to kill identity, to be like everybody else, a clone, “another brick in the wall”, covered, disguised behind the brand names and styles. To look like “them” for protection of your complexes and already hurt feelings. For the fear of being different, for many, is as fearsome as the fear to be like “the many”, for some. But these are not new things at all, neither the fear of exposed identity, nor the fashion in total.

Whatever, I'm not here to write lectures about uniformity or identity. Plus, who the hell am I to do so!? Everyone is free to make their own, personal choices. something more, everyone is obligated to, because no one else is responsible for you or your decisions. I'm not your fashion guru, neither your priest or moral preacher. Feel free to dress up however you want! You can wear the balls of a dead toxic-cissexistic hippopotamus on your neck as a luck talisman, to hang there for your protection from the evil mescaline meat-eating forces, if you prefer. I don't care. I'm supposed to write about my own style of clothing, although it's not “my own”, cause I'm not the one that has implemented it, nor the only one that looks like this or something. I'm just one more brick.

Probably at least one of you, our millions, billions of readers, have once thought: “Why do these guys never wear something that's their size? Why do they want to look like they're wearing a two-room tent?”. Yes, it's about the “oversize” wearing that started to get popular not so long ago, with the rise of Hip-

hop. If you go and ask some “Hip-hop guys” about it, it's quite possible to get as many different answers as the amount of people you've asked. Some will tell you:

- Cuz' I've been raised on the street, man! Ma mama couldn't afford spending extra bucks for those shi...stuff, so I had to wear my older brother's shi....stuff.

Then you answer:

- Okay, but you're grown up now. You're not wearing your brother's clothes anymore, you are buying them by yourself. Why don't you buy something not so.... big?

He says:

- Cause... boy....na'a'mean... wtf cuz' ?!

Those specimens I call “street thugs”, because they like to write it with ink on their bellies, faces, fingers or whatever.

There are other types too, of course. For example, if you go and ask a hip-hop dancer, it won't be weird to hear something like:

- Because of the style, bruh! In hip-hop dancing we are making biiig moves, that's why we're wearing biiig clothes! Ya feel me?

You say:

- Mm..no, not really.

Short moment of silence, after which:

- Cause you ain't no dancer bruh...duh.

You got to get convinced and tell to yourself something like:

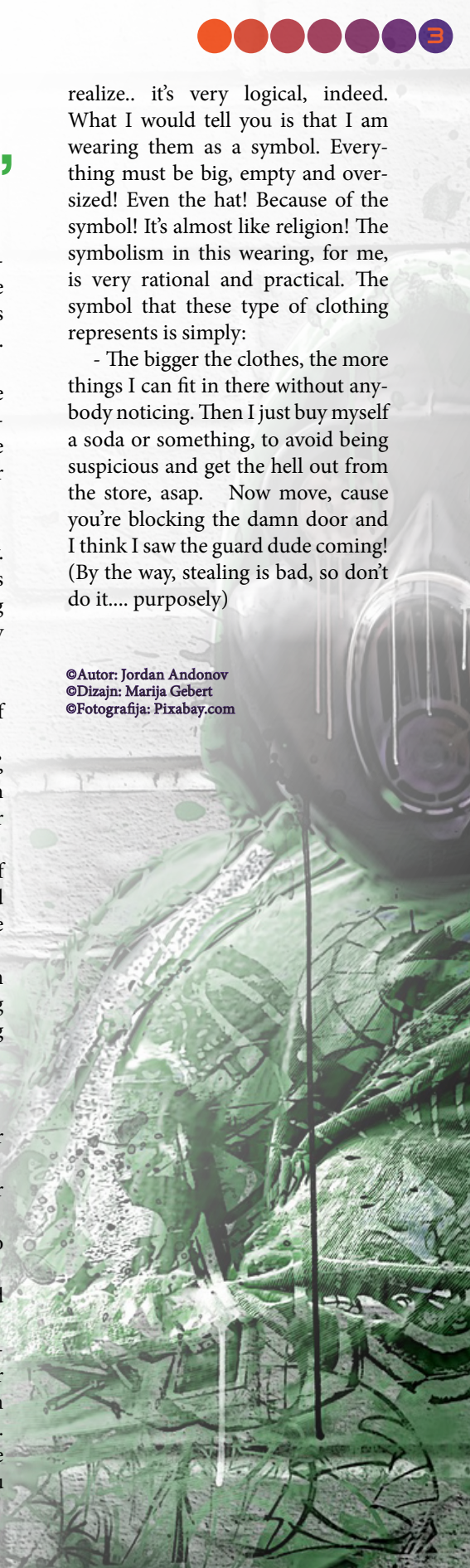
“Alright, so, obviously, that should be the reasons.”

Then, at some point, you're asking someone like me. You are, for example, asking me directly why am I wearing such oversized clothes. Eventually, my reply will surprise you a little bit at first, but when you

realize.. it's very logical, indeed. What I would tell you is that I am wearing them as a symbol. Everything must be big, empty and oversized! Even the hat! Because of the symbol! It's almost like religion! The symbolism in this wearing, for me, is very rational and practical. The symbol that these type of clothing represents is simply:

- The bigger the clothes, the more things I can fit in there without anybody noticing. Then I just buy myself a soda or something, to avoid being suspicious and get the hell out from the store, asap. Now move, cause you're blocking the damn door and I think I saw the guard dude coming! (By the way, stealing is bad, so don't do it.... purposely)

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PHOTOGRAPHY EXHIBITION AND ROUND TABLE

ERASMUS+ AND PROGRAMS OF EU

On Saturday 25th of March, Zagorje Creative Youth Association and STUB-KLUB organized photography exhibition and round table with a main topic Erasmus+ and programs of EU. Round table was led by four panellists, Kristina Franc, member of Zagorje CYA, Iva Keser, vice coordinator of Zagorje CYA, Marija Gebert, coordinator of Zagorje CYA and Martina Slovjak, user of Erasmus+ programme activities. Iva, Martina and Marija explained to the visitors their experience and Kristina shared technical details on how to apply, where to search for the projects and how much does it cost. I spoke to three of the panellists on their experience and here is what their answers were:

Could you tell us about your experience with Erasmus+/ European solidarity corps?

MARTINA: My Erasmus experience goes back to 2019 when I got this amazing opportunity to try something new and exciting. I chose Paris, France as my exchange country and didn't regret it for a second. I got to experience a completely different mind-set and culture throughout my 5-month stay and definitely learned a lot about myself throughout this journey.

IVA: There is one term used for people like me; Erasmus child. Which means using as many as possible programs and opportunities Erasmus is offering. I have

participated in four short Erasmus+ Training Courses in Czech Republic, North Macedonia, Bulgaria and United Kingdom. As well, I have been on Erasmus Mobility for 12 months in Latvia.

MARIJA: My experience with European solidarity corps started in 2018 when I decided to take part in ESC project. I didn't have any preferences, I just knew I wanted to join as my job finished few months before my decision. I went to Mreža udruuga Zagor and asked girls for help, few days

later I received e-mail where it was written that organisation in Italy is searching for one volunteer from Croatia to take part in 10 months long project. After sending my motivational letter and CV, response was quick and next day I found myself on interview with the coordinator from Italy. I didn't expect much but next morning I received mail in which it was written that I was the chosen person for the position of volunteer. Two weeks lat-



er, I was on a bus, waiting to start my adventure in Chieti, Italy.

What motivated you to participate in the Erasmus+ programme/European solidarity corps project?

MARTINA: I always wanted to live somewhere abroad, even for a short period of time. The Erasmus+ program seemed like the perfect opportunity that I could have not missed by any chance. I mean, what sounds better than living on your own while still in college, meeting new people from all around the world every single day, partying, exploring... I think I made the perfect decision!

IVA: After a high school exchange and living abroad in the USA, I've wanted to live on my own and study abroad. So with Erasmus Mobility I've managed to study in Riga, Latvia for 3 semesters. After my long Erasmus Mobility, I've missed being surrounded with international friends so the best way to fulfil that is to go



on Erasmus+ Training Courses.

MARIJA: I started to volunteer in 2014 in many organizations that have goal to promote volunteering so it was not something strange for me, and as I mentioned, I had finished my job, and I needed new adventure.

What were some of the biggest challenges you faced during your Erasmus+/European solidarity corps experience?

MARTINA: My biggest challenge was to adapt to a different country and the way of living. I would say that after a month, you already pick up a lot of things, and the rest is just flowing in the moment and enjoying your new journey.

IVA: In Latvia I've struggled with the language barrier in a local community, it was not easy to make a dentist appointment on my own. But luckily there is always local friends who are ready to help you out.

MARIJA: Well, the biggest challenge was language barrier as many Italians do not know or do not want to speak English. I needed 5 months of evening school and practice to start to communicate in Italian. In addition, language barrier stopped me to easily make everyday jobs like using programs on PC or going to store. However, in few months barrier become motivation, and it actually pushed me to try harder so I could start to do these tasks easy again.

How did you choose your host university/ program/ project?

MARTINA: I had a wide choice between Universities and countries, but France seemed most appealing to me when it comes to the city and the University. I chose something that I'm really passionate about – media and advertising studies.

IVA: As I am studying Tourism Management, I've wanted a really well-organized course structure. By

researching the list of possible universities, I've chosen Turiba University which is the biggest private university in the Baltic states. Erasmus Training Courses/Youth Exchanges I always pick depending on a topic that I am interested in.

MARIJA: As I mentioned above, CSV Chieti (Centro servizio volontariato di Chieti) was the only organization in that moment that I had sent application, my sending organization was organization Help from Split because in that moment they had quality label (accreditation) as sending organization, also I was not the first Croatian who they sent to Chieti.

What was your favourite part about participating in Erasmus+/ European solidarity corps?

MARTINA: My favourite part was definitely getting to know all the young people from all over Europe, exchanging our experiences, cultures, opinions... It really helps you get a bigger picture of what's going on around you.

IVA: I would point out leaving on my own and finding myself in different life situations every day. Meeting international friends and I've really enjoyed courses and projects at my university. On the other side, best part on the Training Courses are the community of amazing people and the group energy that happens in just a week.

MARIJA: Basically – everything! From going to school twice a week, participating in project activities to live with my new family and making many beautiful memories.

How did your Erasmus+/ European solidarity corps experience impact your personal and professional development?

MARTINA: I would say that it influ-

enced me in the best way possible. Erasmus+ helped me to experience something I probably wouldn't have if I didn't have this opportunity. I changed my mind-set, learned how to stay up-to-date with all of my responsibilities, as well as handling situations in a professional way. Today I'm working in a marketing agency where I can catch myself using all the useful information I gathered throughout my stay in France.

IVA: Erasmus experiences made me who I am today. Being away from home in an intercultural environment left the best impact on me. I've developed a strong personality and built a huge confidence. By the end of my mobility in Riga, I've got a full-time job position as a Travel Senior Sales Consultant in an international company which made my stay in Latvia longer. Due to that employment, my career has drastically grown. Through Training Courses, I've enhanced skills such as teamwork, discipline and time management. Received a knowledge on different topics and most importantly got a deeper understanding of people coming from different backgrounds.

MARIJA: If you asked me in the beginning of 2018 what do you think about moving to Italy for 10 months, living with strangers from different countries and acting in theatre show in the middle of Italian square I would say you are crazy. Not only did I noticed the development I gain, but I have grown in to a person who, in personal and professional way, can say that gain competences that are for life. Starting from understanding cultural differences, learning new language or just being more independent young European.

Did you encounter any cultural differences that were particularly challenging? How did you handle them?

MARTINA: Actually, I didn't have

any challenging situations. I find that I was really lucky to be surrounded in such a friendly and positive vibe throughout my program.

MARIJA: Of course, I needed 2 months just to adapt to cultural shock I have had, and after 4 months, I had first crises where I wanted to go home, but one of the points in participating in this kind of projects is to get over the crises and restart your experience. I have handle them by distracting myself in thinking things are bad, because they were not. To be honest, after a week in my room, I went shopping and bought myself bag I always wanted, next day was better- as every other after that.

How did you finance your Erasmus+/European solidarity corps experience?

MARTINA: From the EU funds, I got 450€/month, and with a little bit of savings, I could manage to pay for everything during my stay in Paris – accommodation, monthly metro pass, books, food...

IVA: I've received 650 euros per month as a financial support from EU funds, as well as worked an on-line part-time job.

MARIJA: I had pocket money and money for food so I did not need extra money to live normally. I had some interventions in which I asked my mom to send me money. For example, when my phone got broken I needed extra money because fixing was quite expensive for my volunteer budget. I needed money to travel back home for holidays witch my parents helped me with. Also before going to Italy I have asked my municipality as a young person that is active in our society to help me with financing my trip to Italy (first you need to buy ticket, organization is refunding you when you come there) and they helped me a lot with one-time monetary compensation of 1000 kuna.

Did you participate in any extracurricular activities or clubs during your Erasmus+/European solidarity corps experience?

MARTINA: Unfortunately, I haven't get to experience any other activities since I had really busy schedule with my University already.

IVA: In every city there is an ESN (Erasmus Student Network) which organizes trips, activities and parties for International students. It is a great way to meet new people and have fun.

MARIJA: Back in 2018 ESC was still a part of Erasmus+ (than it was European volunteering service) so I joined European Student Network where we had more options as a volunteer, but I did not use it much because we were 6 EVS volunteers so we managed our trips and activities based on our possibilities due to working hours in the office. But I used discounts I had by using ESN card.

Would you recommend Erasmus+ and European solidarity corps to others? Why or why not?

MARTINA: Of course! If I could, I would go to many, many more Erasmus programs. You really get to meet yourself throughout your journey, and all while having the best time ever.

IVA: Definitely and absolutely YES. By all above said, there is various programs to choose from. Even if you are not pretty sure what you want, accept any possible opportunity because only way to learn in your life is by doing. You will have the best time of your life, develop useful skills, travel and meet amazing people.

MARIJA: Without any doubt – yes!

I talked more with Marija about organizing this event, and these were



her answers:

Can you tell us about your role as a panellist/organizer in this round table and exhibition?

I am coordinator of Zagorje Creative Youth Association that I started in 2021 with goal to spread creative thinking throughout young people. As the members of organization have a lot experience we decided to share it and to give, young people (the ones that participated in sending us photos for exhibition) chance to show others how these kind of projects can be as much fun as educative.

What was your main objective in organizing this exhibition/round table?

Main objective is to share our experience to other people, especially young people who are not included in Erasmus+ and European solidarity corps projects as much as our organization members. As a young person I think it's important to show youngsters what have we done, where we travelled and what have we

learnt, and if they hear it from their peers.

How did you select the theme for the exhibition?

We choose topic based on in witch sector we have knowledge. Erasmus+ is always the good option, and we can speak about it with passion and big smiles on our faces.

What kind of impact do you hope this exhibition will have on the audience?

As I said, we hope more young people will choose to be part of these kind of projects and programmes as it was created to be empowering for young people, to help them grow, learn and gain skills but also to learn what solidarity is and how is to be a young European.

What is your personal connection to the topic of the exhibition?

I take place in one European solidarity project for 10 months in Italy, but also I was a part of few Erasmus+

trainings and projects witch I started to be a part of after my volunteering service in Italy.

Are there any plans for this exhibition, or similar ones in the future?

I hope, yes. We already talked about moving exhibition and round table throughout Krapina-Zagorje county. I think we need to reach as much young people to see the exhibition so they gain cur rage to participate, because these days it is hard for youngsters to start and to dive into something if it is not something they do every day.

You can check out exhibition this week in space of Multimedijalni centar STUB-KLUB in Donja Stubica. Exhibition has photos from 14 young people that participated in Erasmus+ programme or European solidarity corps project.

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NAŠI MLADI ZAGORCI - IMA NAS SVUDA

Filip Matok

Filip Matok, mladi Zagorec iz Marije Bistrice koji je za vrijeme korone odlučio postati sam svoj sef te otvoriti vlastitu slastičarnicu "Gibanicu" u Zagrebu te pola godine nakon na novoj lokaciji u Zagorju. Iako mnogi u toj dobi još uvijek ne razmišljaju o svojim budućim planovima na toj razini, Filip se hrabro upustio u poduzetničke vode te nam se otvorio o usponima i padovima kao mlada osoba koja kreće od nule.

Gibanica, Filipova malena slastičarnica smještena na Branimirovoj ulici u Zagrebu odmah je počela disati od uspjeha nakon otvorenja. Gibanica nije samo još jedna klasična slastičarnica, ako ste uspjeli zaviriti u izlog vidjeli bi da Filipova ideja ne nalikuje niti jednoj drugoj, za istu cijenu mogli ste birati između nekoliko vrsta tradicionalnih kolača, te uz svakog bi dobili i njegovu suvremenu verziju.

„Ja sam iz familije gdje se uvijek dobro jelo, uvijek se kuhalo i svaki vikend su se radili kolači, nisam odlazio u vrtić, mene je baka čuvala i uvijek smo bili skupa. Već u osnovnoj školi sam znao malo više, raditi palačinke itd. postalo mi je to jako zanimljivo.

Oduvijek su mi govorili ti budeš kuhar. Onda je došlo pitanje u 8. razredu gdje ću u srednju školu, oduvijek sam htio nešto vise, ne samo običan posao. Prioritet mi je bila veterina te naravno faks veterine nakon srednje, imam dva konja te obožavam konje ali za to bi trebao u Zagreb te mi to nije bila lagana opcija s 15 godina. Došlo je osmi mjesec moram se odlučiti jer ipak kreću upisi, rekao sam možda bi išo za kuhara ali s

uvjetom da idem na praksu u hotel Kaj. Nikad neću zaboraviti, to ljeto s mamom sam otišao u hotel u kuhinju te pitao ih da primaju praktikante, u tom trenutku ja ulazim i meni sef dolazi te mi priča kako je to teški posao, praktički me demotivira i pomislili si "da" meni ovo treba u životu". Ali okej, odlučim idem ja za kuhara. Prvi razred srednje mi nije bio nešto zanimljiv, drugi već puno bolje, u trećem razredu sam ja shvatio da ću ići na menadžment hrane i pića i da ću naći neki posao u nekom hotelu, korporaciji kao manager. Tijekom pohađanja Aspire, Studijski program Međunarodnog menadžmenta u hotelijerstvu i turizmu upoznao sam Pertu Jelenić, našu najbolju hrvatsku slastičarku, pozvala me na jednu njezinu edukaciju. Kad sam vidio sve to kako radi, miksanje, ona mjeri temperaturu, kuhanje kreme točno do određene temperature, sve to preračunavanje grama u miligrama, mjerenje, vaganje, sjetio sam se kako sam trebao više učiti matematiku u osnovnoj ha-ha. Tu sam shvatio da bi ja možda išao u smjer slastičarstva. Godinu dana smo radili skupa gdje mi je razvila takozvano "temelje" na kojem sam se mogao graditi. Nakon toga sam počeo raditi visoko ugostiteljstvo u jednom Zagrebačkom restoranu. E nakon toga dolazi korona, imaš vremena razmišljati, svi smo mislili da ne bude toliko trajalo, nakon prvog vala odlučio sam ja želim imati svoju malu slastičarnicu i eto sad sam tu. Zamislio sam hoću imati malu slastičarnu, hoću proizvoditi te torte i kolače to mi je super i hoću imati nekoga tko bude ih prodavao, bilo je super no u nekom trenutku je to krenulo kontra skroz, napravili smo veliku potražnju, to kad imaš svoj krug gostiju

jako je teško odbijati, surađujemo s više restorana, kafića i hotela itd..“

Zašto Zagreb kao start?

„Ja sam proizvod koji nije običajan u Zagorju, nije toliko poznat te je jako teško doći u sredinu s nečim novim i očekivati uspjeh. Zagreb je bio polazna točka jer ako si dobar proizvod i ako vrijediš, u moru tih slastičarna, pastry shopova, kafića koji prodaju kolače trebaš imati hrabrosti vidjeti da tvoj proizvod vrijedi. Kad me je Zagreb prihvatio, kad je to postao fakat pre mali prostor i nisam mogao vise morao sam napraviti korak dalje.“

Gibanica je bila na dvije lokacije do prošle sezone, trenutno je u Oroslavju u gradskoj kavani jedina lokacija,

„Ono kaj je mene potaknulo da zatvorim u Zagrebu je to kaj sam imao tešku prometnu, staneš i pitaš se da li mi trebaju dvije lokacije, trčanje između Zagreba i Zagorja, to me je probudilo da trebam nešto poduzeti i sad smo jedino tu.

Ali ono sto mi je jako drago da moji gosti iz Zagreba ili dođu ovdje ili i dalje rade narudžbe koje dostavljamo. Također svi kafići, restorani i svi s kojima smo surađivali i dalje surađujemo.“

„U Zagorju ima hrpu prostora za razvijanje, ali problem Zagorja je to da mi nismo dosta otvoreni gosti i klijenti koji prihvaćaju neke nove stvari, jako je teško mladim ljudima koji žele napraviti neke, teško im je to postići jer se Zagorci drže tradicionalnog "Daj ti meni dobar komad mesa, ja ne bi fine dining, ja bi Ferrero tortu ne bi tortu s pastom od lješnjaka" i tu je onda jako teško mladim ljudima, boje se ustvari uč u tako nešto jer ne znaju kako će taj projekt završiti.

Generalno vidim da se Zagorje po-

čelo micati, razvijati, imamo boljih i kvalitetnih restorana, lokali koji se trude doći na neki nivo. Generalno nije samo problem Zagorja nego i Hrvatske, nismo u poziciji kao Francuska naplaćivati jedan kolač 7 eura. I tu jednostavno ljudi koji su u biznisu moraju početi snižavati svoje ambicije da bi mogli opstati, ako nisi prilagodljiv i ako ne savijaš kičmu prema tržištu nema smisla.“

Dali bi nešto promijenio da možeš vratiti vrijeme?

„Bio bi u nekim situacijama pametniji, možda bi se bolje informirao, ušao sam grlom u jagode. Preko noći sam odlučio - oke ja otvaram firmu, nisam znao kaj ja moram imati od opreme, koliko prometa treba da bi uopće opstali. Kad sam ulazio u to znao sam da ću sve sam morao financirati, oprema za slastičarstvo je jako skupa, sve što sam uložio bila je moja uštedevina i tu se desio problem kad smo se počeli širiti. Ja više nisam taj koji proizvodi, ja sam taj koji dogovara suradnje, plaće, rješavanje problema. Za nekoga od 20 i nešto godina ja nisam znao ništa o tome, kaj ja znam o zakonima, pravilnicima, minimalnim teh. uvjetima itd. ja sam jedino znao napraviti tortu i kolač. I sad nakon 2 godine otiđem u proizvodnju i shvatim da najmanje vremena proizvodim tu, tu je taj užitek počeo nestajati. Znam da moram riskirati, ja sam u biznisu, ne mogu stajati na jednoj liniji nego riskirati. Svi mogu odustati od mojih radnika ali ja sam taj koji je odgovoran za sve.“
 „Najsretniji sam kad imam gosta s kojim mogu komunicirati, ima gosta koji

dođu i tek kad odu kažu da nisu zadovoljni, dajte nam razlog da mi to u nekom trenutku promijenimo i popravimo.

„Imao sam hrpu gostiju koji su komentirali **“pa skupi ste”** jesmo ali moji ljudi su skupi. **Cijena je takva jer taj proizvod mora proći tri do četiri put kroz ruke mojih slastičara da bi mi dobili finalni proizvod.**

Ti da napraviš macaron moraš ga znat pravilno izmiješati, do koje temperature se peče, kakva je vlaga u proizvodnji, temperatura šećernog sirupa, to je sve apsolutno nešto što košta, slastičari su



skupi.”

„Ja uvijek moram biti korak unaprijed, kad gosti jedu kolače i krafne za Valentinovo ja isprobavam Uskršnju ponudu, sad dolazi Uskrs ja već isprobavam sladoled za sezonu.

Ja bi bio najsretniji da mogu ući u pogon u 7 ujutro i da sam tamo do 3 popodne i da me nitko ne zove, nitko ne šalje mailove ali ja ne smijem ugasiti mobilni i biznis nije samo proizvod, uvijek moram istraživati tržište. Ja radim od 7 ujutro pa do

kasno u večer, mnogi ljudi nemaju razumijevanja za to, nikad se ne mogu skroz opustiti jer nikad ne znaš kaj je sljedeće. Teško mi je kaj nemam privatni život, ovo meni nije posao ovo mi je stil života.“

„Moraš razviti debelu kožu, prvi put te boli jako, drugi put malo manje, treći put još manje a četvrti put ti je onak, hvala. Na kraju se sve isplati. Teško mi je kaj me svi prepoznaju, dođem u kafić neki dan i čujem “Gibanica”, ljudi moji dajte me pustite ja sam Filip hahaha.

„Prvo pitanje je uvijek **“Kak ide posel?”**, zadnjih 5 mjeseci mene nitko nije pitao **“Kak si?”** haha uvijek je pitanje **dal’ imam posla. - Imam!”**

Limitlessness of the destructive effects of an earthquake

I feel a deep responsibility and need to write this article. The devastation in Turkey last month has affected 13 million people physically and mentally, and the whole country is in mourning. For months I have been far away from Turkey and its agenda, but now for weeks I have been thinking only about this situation. The best thing I can do at the moment is to emphasize wherever possible how sensitive these events are for us.

Firstly, I would like to explain a little bit about how important this is for everyone living in Turkey. We have always felt the responsibility of each and every one of us. We have grown up with this and similar teachings. Culturally, we have a deep connection with each person. This understanding, which is too far from individualism, has naturally weakened over time because of globalization. But after this big disaster, we reacted together and feel a deep connection like before.

The public reaction to the earthquakes has been one of shock, fear, and grief.

People are anxious about the aftershocks and the possibility of more earthquakes. The psychological impact of the earthquakes on the public is significant, and many are struggling to cope with the trauma. The government and non-governmental organizations are working to provide support and assistance

to those affected, but the scale of the disaster is overwhelming, world and institutionalisation have affected our perspective. However, in spite of this, as a social reflex in such great events, we returned to our essence and felt this deep connection in the most intense way. you can see a work that clearly shows the connection I mentioned.

The earthquake has many dimensions and each dimension has perhaps thousands of layers. I am deeply saddened by the official death toll of 46,104 people. Unfortunately, we know the truth is much more than that.

There were three major earthquakes that severely affected 11 provinces. Two earthquakes of magnitude 7.7 and 7.6 occurred in the first 15 minutes, followed 9 hours later by another earthquake of magnitude 7.5. There have been more than a thousand aftershocks so far, and the size of the aftershocks has never been hard.

In this article, I do not want to talk at length about the consequences of this massive earthquake in one of the coldest regions in the winter of Turkey, with electricity, water, and gas outages and all this devastation. You can see the facts, although not completely, with a little research. But you should know that what you see is only a small part of what happened.

On the other hand, I have to say that

the earthquake affected not only Turkey but also Syria to a great extent. The earthquake has been a difficult thing for them to deal with, along with the many problems they are going through. Over five thousand people lost their lives. They had problems with the delivery of aid for many reasons. And unfortunately, they could not publicize their needs sufficiently. In the aftermath of devastating natural events such as earthquakes, we realize that what seems to be the same for everyone is in fact not the same for everyone.

What I really want to talk about is, what can we do after these events. In December 2020, I know how the earthquake that took place here affected you, we have talked about it with people I have met here before. In fact, I want to talk about some facts that we are all aware of but sometimes keep silent and sometimes do not know what to do.

The problem with earthquakes is that they often occur in areas that are already struggling with poverty, inadequate infrastructure, and limited resources. When an earthquake strikes, it can quickly overwhelm the capacity of local authorities to respond, and international aid organizations often step in to provide assistance. However, the aid provided can sometimes be unsustainable, and it may not address the underlying issues that made the affected area vulnerable to earthquakes in the first place.

Another issue related to earthquakes is the mental health impact on those affected. The trauma of experiencing an earthquake can have a lasting impact on individuals and communities. People may experience symptoms of anxiety, depression, and post-traumatic stress disorder (PTSD) long after

the earthquake has occurred.

The loss of loved ones, homes, and communities can be devastating, and recovery can take years. Mental health support is critical in the aftermath of an earthquake, and it is often overlooked in relief efforts.

Although the consequences of each earthquake are different, some things can be the same for everyone. Earthquake survivors still have problems with living even years after the earthquake, and deepening problems are some of them.

“Negligence kills, not earthquakes!”

This is a phrase we use a lot in Turkey. The fact that an earthquake is a natural disaster does not mean that it cannot be prevented or that it is so difficult to respond afterward. It is important to understand and remember the lessons of the past.

How can we be more sustainable and effective? - Awareness

Assess damage and needs: After the initial emergency response, it is essential to assess the damage and needs of the affected communities. This assessment should include infrastructure damage, access to essential services, and the well-being of the community members.

Provide mental health support: The trauma of experiencing a big earthquake can have a lasting impact on individuals and communities. Mental health support is critical in the aftermath of an earthquake, and it should be an integral part of relief efforts. This includes providing access to counseling services, support groups, and resources to help people cope with the trauma.

Support sustainable development: To promote sustainable solutions

for the future, efforts must be made to support sustainable development in the affected communities. This can include investing in renewable energy, promoting sustainable agriculture, and supporting local businesses.

Promote community resilience: Finally, promoting community resilience is critical for long-term sustainable solutions. This involves working with the community to develop disaster preparedness plans, promote community participation, and build local capacity to respond to future disasters.

I wish for free and hopeful futures that we build with solidarity, understanding, and sharing, and I want to remind you that we have the power to reach everyone in need.

Başımız sağolsun.

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Aksel Anıl



Cook & Bake by chef Vjeko

Možda ste ga vidjeli na poznatim televizijskim emisijama ili na radionicama kuhanja u organizaciji Društva „Naša djeca“ Zabok, no jeste li znali da Vjekoslav u svoje slobodno vrijeme peče kolače i torte? Razgovarali smo sa Vjekoslavom Flegarom baš prije početka jedne radionice te saznali odakle mu motivacija i koja je tajna slastica koje radi.

Što te inspiriralo da počneš peći kolače i torte u svoje slobodno vrijeme?

Potaknula me Baka da u slobodno vrijeme pečem kolače i torte. Pošto je ona davnih dana bila glavna kuharica po domaćim svadbama i radila kolače za same svadbe, pa sam odlučio zašto nebi i ja da probam ali sa rođendanima. U tijeku školovanja savjetovale su mi profesorice iz strukovnih predmeta kuharstva i ugostiteljstva. Potaknule su me da izradimo meni sa kolegama za natjecanje u Bratislavi. Na povratku smo osvojili srebrnu medalju kod izrade menija, koji naravno je sadržavao desert.

Možeš li nam reći na koju si tortu najponosniji?

Ne mogu točno odrediti na koju sam tortu jako ponosan. Svaka torta je drugačija i okusom i samim izgledom koju radim. Mogu jedino izdvojiti samo dekoriranje na što je posebno i daje čaroliju torti kao trešnja na vrhu šlaga.

Koji ti je najdraži okus kolača i torti, zašto?

Moj omiljeni okus je čokolada kao što je i većini pretpostavljam. Kod

vrsta kolača ili okusa kod torte jako su mi posebni čokolada i naranča i vanilija i malina.

Jesi li imao kakvih „gadnih“ nezgoda? Kako si ih riješio?

Nisam imao nikada nikakvu veću katastrofu da bi trebao totalno raditi ispočetka tortu. Naravno da su tu uvijek misli dali će torta pasti i kako bi se riješilo takav problem. Jednom mi se desilo da mi se nije krema stisnula pa sam kombinirao sa nekim sastojcima (tajni sastojci) te je krema ispala savršena. Na temelju te male nezgode sam dobio savršenu novu kremu.

Koji bi savjet dao onima koji tek kreću u pečenje kolača?

Prvo i osnovno osobi koja se prvi puta susreće sa izradom savjetovao bih da pažljivo čita recept i sve mjeri kako piše. Nikada početnik u pečenju ne smije raditi bez vage jer mu neće ispast recept dobro. Svatko tko ima imalo želju za raditi pa čak i da misli da ne znam uvijek se sve može odraditi i treba biti veoma strpljen kod deserata

Imaš li kakav plan u budućnosti, a da je povezan s pečenjem kolača i torti?
Svatko tko radi nešto što voli ima

plan za budućnost i san. Moj plan i san je da u skoroj budućnosti imam ili svoj restoran ili malu posebnu slastičarnicu. Do tada mislim raditi i usavršavati se još više u svijetu slastičarstva i kuharstva.

Do otvaranja neke slastičarnice, gdje te možemo pronaći ako želimo probati tvoje kolače ili torte?

Do otvaranja neke slastičarnice ili sličnog obrta možete me se pronaći na Instagram profilu pod nazivom @cook_and_bake_by_chef_vjeko.



Skeniraj QR kod i pronađi Vjeku na Instagramu!

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Foto by: Luka Smuk



STAND UP COMEDY SHOW U PUNKTU
19.04.2023. - Punkt Beer House

Dobro došli na planet gdje se brige zaboravljaju... gdje je smijeh obavezna oprema, a tuga zakonom zabranjena.. Uđi, usudi se bit' kontaminiran humorom nove generacije! Ovaj show je 18+ događaj te nije namjenjen za mlade. Dobro znan svima Aleksandar Lazić dolazi s potpuno novim show-om na stand up & food večer u Punkt Beer House restoranu u Morkicama, Oroslavje. UPAD: 7 eura na šanku Punkt Beer House ili Entrio.hr



©Dizajn: Marija Gebert

TRAVANJ 2023.

'z brega na breg trail 2023.
29.04.2023. - Desinić

Dobro poznate staze za rekreativce od 7.4 km, za one koji vole izazove tu je i dalje 14 km uspona i padova, a iskusni starci i dalje trče 25 km 'z brega na breg. Naspavajte se dan prije, dođite odmorni i oslobodite vrijeme za Desinić jer teško da će netko biti zainteresiran napustiti mjesto događanja kada uđe u ciljni prostor. Utrka je limitirana, tak' da pazite i prijavite se na vrijeme. Svi koji se prijave i uplate startninu do 14. 04. dobit će startni paket. Ukoliko nisu popunjeni svi limiti do 14. 04. prijave će biti moguće i nakon tog datuma ali ne garantiramo startni paket.

Nikola Borić "ŠUMA JE MOJ DOM"
04.04.2023. - Gradska knjižnica
Oroslavje

Ako na Facebooku pratite profil "Život u šumi", onda sigurno znate Nikolu Borića, čovjeka koji je prije osam godina napustio karijeru uspješnog atletskog trenera i iz grada se preselio na Papuk kako bi ondje živio u divljini i uzgajao vlastitu hranu. Nikolu na Facebooku prati više od 53 tisuće ljudi, od onih koji su fascinirani njegovom pričom i zanima ih kako izgleda njegov mnogima neobičan život do onih koji sami razmišljaju o off-grid načinu života.

Erpenjska pisanica 2023
08.04.2023. - Mala Erpenja

Prijave natjecatelja: od 15.03.2023. na našim web stranicama i uživo na dan utrke. Preuzimanje startnih brojeva: na startu 08.04.2023. od 15:00h do 15:45h

Start utrke: 16:00h za sve kategorije
Kotizacija: 5 EUR na dan utrke

U startnini su uključene sljedeće stavke:
Troškovi organizacije utrke (označavanje staza, nagrade na troje najbržih u svim kategorijama, okrijepe na stazama, kotizacije u Zagorskoj trkačkoj ligi) i startni broj



Pravila Igre - Dani grada
14.04.2023. - Pregrada

PRAVILA IGRE UŽIVO U PREGRADI 14.04.2023. povodom Dana grada Pregrade! Grupa Pravila Igre po prvi puta stižu u Pregradu! Usne od šećera, Nebo na mojoj strani. Kako nam stvari stoje, Zagrlj me, Kamen na duši, Okovano srce, U hladnoj sobi samo su neke od pjesama koje vas očekuju 14.04.2023. u Pregradi s početkom od 21.00h. Proslavimo zajedno dan Pregrade na koncertu za pamćenje!

Trance party na kojem nisi bila

O okolnostima koje prate ovu priču se ne zna puno, čak ni osobna povijest pripovjedačice nije dovoljno istražena kako bi se potvrdila istinitost. Ovo su zapisi jednog monologa dokumentiranog 2018. godine ispred trance kluba u Osijeku. Zapravo, nije poznato ni tko je u tom trenutku napustio zadimljenu dvoranu da nešto snimi. Glas pripovjedačice je postao medij za sebe. Bez diktafona koji bi precizno bilježio riječi, čak i bez prolaznika čije su znatijeljne uši hvatale svaki šum, njenu priču su sutradan znali svi sa klupske scene.

„Emina zdukuu“ si uvijek vikala kad si htjela da ti vratim duksericu ostavljenu na pidžama partyu...i nakon prvih 5 puta si mi išla na živce s tim, jer em se ne zovem Emina, stalno si izmišljala jezik poput malog djeteta koje treba logopeda...i ponekad mi se činilo kako namjerno ostavljaš komade odjeće na spavanju da bi me kasnije mogla provocirati neartikuliranim zvukovima. Ali, znaš nas, obično bi se zapile u Amsterdamu pa bi te ja naiverka opet pozvala na noćni tulum s ekipom. I tako smo se vrtjele u krug sve dok ti netko nije rekao za trans gungule u Tvrđi. Mislila sam „pa kog vraga ćeš raditi s tim nabrijanim mrmatorima, pogledaj se kako izgledaš, kao da čekaš Fifi i cvjetno društvo da te pozovu u botanički vrt na piknik i pritom pjevaš “Fifi ne zaboravi me“. Nisam imala ni mrvu loših namjera, ali nije do-

lazilo u obzir da te pustim među te ljude: popila bi jedno pivo i zaspala pored šanka, ostavljena poput gajbe piva...Preveliki je korak između cupkanja na Deftones i System of a down u dnevnom boravku i posrtanja na Canibal Corpse dok blaženo spavaš pored nečije bljuvotine. Ne, ti nisi bila za to....

...I baš si htjela izaći ovdje gdje većina naših vršnjaka bolje poznaje fotografije na zidovima nego svoje roditelje. Razmišljala sam o tebi i o nama u ekipi s drugim prijateljima. Morala sam svaki pidžama party pomno isplanirati da bude drukčiji od prošlog...i jedino što si mi na to rekla jest „sve mijenjaj, ali uvijek pozovi Bornu, Doriana i Patrika.“. Nisi mogla bez njih, ne nisi... Borna je uvijek mijenjao pravila Dungeons and Dragonsa da slijedi tvoju logiku, a Dorianu kad je bilo dosadno, samo se obukao u Bowsera iz Super Maria i počeo skakat oko tebe, a meni po živcima... Ma ne, uopće nije bio sumnjiv, pogotovo ne njegova seksualnost. Što se tiče Patrika, vjerojatno bih te na kraj svijeta poslala s njim... pod uvjetom da je zadnja postaja ulaz u trance klub...ne, nisam te tamo mogla pozvati, ne.

Kako si bila medena s njim. Isprva mi je činilo neugodu da ga šaljem k tebi doma dok se još niste poznavali...Al jebiga stara, bilo mi je više muka od pomisli da si ostala sama nego od žgaravice. Dogodilo se par puta da sam ostavila zadnju kunu

na prikolici Joze Trovača za čuvani „jedan sa svime“ i pravac doma.. Patrik te čuvao tad, bacila bi svaku fiks ideju o izlasku u vjetar kad bi ti se osmijehnuo.

Nikada niste taj odnos nazivali vezom, premda se vidjelo da ste međusobno zaljubljeni do ušiju...a ja sam bila dio trance mentaliteta gdje ljubav ponekad traje isto koliko nam treba da iskapimo čašu juice vodke. Eh, nadam se da ipak pretjerujem, previše me uzela ta frekvencija ljudi za vrijeme izlazaka. U to vrijeme mi se život odvijao na dionici faks-stan-izlazak-stan-faks a ipak nisam bila dovoljno ispunjena da se sjećam neke ozbiljne veze...potajno sam priželjkivala da iskra vaše ljubavi pucne prema meni i spoji me s nekom dušom u potrazi. Hm, možda sam tu dušu ispustila svaki izlazak u moshpitu. Bitno da si je čuvala s Patrikom pa ste mi je vratili sljedeći put. Joj, ali ta tvoja jebena duksa...

Postojalo je nešto što mi transeri volimo nazivati „unificiranošću vremena“: pojam se odnosio na svako stanje u kojem vrijeme našeg svijeta staje te se sve što se ikada, igdje dogodilo može ugrutati u jedan trenutak za koji svi znamo kad počinje. No, on ne završava, s njim prestaje svaka predodžba o vremenu koje slijedi nakon njega baš kao što je Huxley opisao u “Vratima Percepcije”. Doživjela sam ga samo nekoliko puta...tada si mi se pojavila u mislima. Ti, Patrik, vaše zajedničke

igre, maženja, seks, prošli transevi, sadašnji trans...unifikacija, nema naprijed.

Ipak, „trenutak“ je bio poveznica na period s kojim sam se morala suočiti... džepovi su mi postali hladni, nije više bilo zveckavih kuna da mi griju bedra. Čak više nisam mogla platiti rentu za dom. Mazarije koje sam slikala nakon partya više nisu išle... nisam znala kuda s njima pa sam ih samo poklonila da mi dopuste upad na DJ svirku....a i često sam dobila sitnicu koju bi ključnula pod jezik.

Sjećam se kada sam jednom došla k tebi doma. S upalim očima i kožom bijelom poput svježeg sira, pitala sam Patrika mogu li prespavati. Još uvijek sam imala pristup svom stanu, samo sam te htjela podragat po kosi i dati ti pusu u čelo. Nije gledao u mene, već u smeće koje je vjetar otpuhnuo iz koša u ranu zoru. To smeće je odlučio bacit i zatvorio mu vrata pred nosom. Spavala si na kauču pored ulaznih, s duksericom umjesto pidžame. Živjela si svoj trenutak. 4 mjeseca kasnije, klub se privremeno zatvorio, ekipa je krenula na novu godinu faksa...i ja sam trebala, ali su mi isto tako trebale tablete. Neko vrijeme sam pratila raspored predavanja svojih znanaca iz kluba da znam kada da ih potražim po parkićima. Nemoj me pitat zašto sam to radila, mi transeri živimo u svojim glavama. Ali ne jebote, ti nisi bila za to, odjebi više.

Uzela bih malo ako bi mi ponudili, popila bih s gutljajem vode i odlazila...negdje. Svaki dan sam živjela jedan dan života, drugi nikada nije stigao...tada sam se jednog dana sje-

tila da si mi frendica i krenula prema tvom stanu u svilajskoj ulici. Otvorila mi je žena koja me podsjetila na tvoju majku. Ljubaznošću osobe koja nekog vidi stoti put, blago mi je rekla da s Patrikom studiraš u Belgiji, da imate neku situaciju tamo. Lagano se primila za policu na kojoj su bile njezine igre i gramofonske ploče te rekla da će mi reći vijesti. Bez daljnjih detalja, samo vijesti.

Do početka siječnja, svaka pomisao na tebe me obradovala, nisu dolazile „vijesti“, ali sam sama zaključila što se događa. Bila si na svome, mora da si upala na neku glazbenu akademiju, zarađivala sa strane u prodavaonici vafla i s Patrikom gledala kućice u predgrađu...a i bila sam sretna što se družiš s novim ljudima. Baš kada je počinjala nova sezona transa u klubu, otišla sam zaplesat za stara vremena i u tvoje ime da ne moraš dolaziti. Kolo sreće i elana se žestilo do maksimuma dok je DJ na matrici pušta sample-ove sa sve više ponavljajućih motiva. Orkestar u mojoj glavi je nadoknađivao ritmove koje drugi nisu mogli čuti. Trans je postao „trenutak“ kad mi je jedan plesač ubacio nešto u usta. Vidjela sam sve, tvoju kućicu, diplomu, dječicu koju si brižno nosila dok te Patrik mazi po trbuhu, nastup u najvećem Bruxelleskom auditoriju...i naposljetku zvona. Urliknula sam zadnjim atomom snage jer sam znala što ona znače. Ništa više nije bilo potrebno, „trenutak“ je bio kraj povijesti!

Ali je ipak završio...i došao je drugi. 20.1. 2018. probudila sam se u nečijem stanu i zvona su nastavila udarati

poput granitnih blokova koji padaju na nakovanj. Stvorila sam unutarnju mantru koja je ponavljala „kuća, diploma, djeca, nastup“ u pravilnom ritmu dok sam se približavala izvoru zvuka. Naišla sam na skupinu ljudi koji su hodali u parovima, ritam u mojoj glavi se smirio s glazbom nenametljive povorke...u njoj sam vidjela onu ženu iz tvog stana. Rekla mi je „vijesti“ i predala mi duksericu uz napomenu „mrzila je ovu zgužvanu krpetinu više od samoće, samo je htjela da joj se vraćaš doma“

Ne znam koliko su se stvari promijenile od tvog odlaska, još uvijek volim mahati s prstom prema tvom stanu s rečenicom na usnama „nije taj tran-ce za tebe, nemoj me pilat više, zadnji put govorim“. Ali tako, uhvatim se kako to govorim čak i kad sam se zaklela da prestajem. Svi smo mrvicu stariji sad, ova ekipa iz sredine moshpita već planira kredit za stan i auto. „Trenutka“ više nema ili ga ne osjećam, shvatili smo lekciju da je život niz momenata, a ne samo jedan...i evo me sad, sjedim na trgiću i čekam povratak unutra, DJ kaže da će set lista biti nešto za sjevremen-sku spomen...na neke stvari ne možeš utjecati, možda me igra neurona ponovno ispali u trans pa se sjetim tebe, Borne koji precrtava igru, Dorianu koji se fulira u kostimu i Patrika kojem drijemaš u krilu.

Emina Zdukkuuu, let's goooo

Kraj.

LIKOVNA KOLONIJA

ZELENA EUROPA

Što je zelena Europa? Isto smo se pitali i mi kada smo u subotu 1. travnja u sklopu projekta Mladi su centar, kojeg provodi Mreža udruga Zagor s partnerima Hrvatskim zavodom za zapošljavanje, Područni ured Krapina i Krapinsko-zagorskom županijom, proveli likovnu koloniju upravo na tu temu. Likovnu koloniju provela je mlada organizacija s područja Krapinsko-zagorske županije, Zagorska kreativna udruga mladih (ZaKUM).

odgovarali na slijedeća pitanja: „Što je sve u Europi zeleno?“, „Što bi to u Europi trebalo biti zeleno“, „Tko/što utječe na to što je/ili bi trebalo u Europi biti zeleno?“. Odgovori u obliku tri grupne slike bili su poprilično zanimljivi, a osim prizora prirode, na platnima se često pronašao i čovjek kao netko tko utječe na zelenu Europu.

„Likovna kolonija zelena Europa ostavila je na mene bolji dojam od očekivanog. U dobrom društvu i uz odlične izvoditelje shvatila sam kako likovni radovi zapravo i ne trebaju biti realistični da bi bili jasni pa je tako moj rad u apstraktnom stilu. Naučila sam da zelenu Europu ne čine samo biljke već cijela zajednica i otvorenost društva da teži odgovornom ponašanju i prihvaćanju različitosti.“, rekla nam je polaznica kolonije Iva Keser.

„Radovi su mi se sviđali, jer se svaki rad razlikovao od drugog i time pridonio različitom shvaćanju teme kod mladih. Mislim da su mladi shvatili pojam zelene Europe, što se vidi i u njihovim radovima. Neki su to izrazili doslovno, slikajući figurativno prirodu, dok si drugi to izrazili više apstraktno izražavajući se tako

Mlade smo pitali što je to zelena Europa, a upoznali smo ih za značenjem Europskog zelenog plana. Na koloniji su slikali tehnikom akrila na platnu, a kao timski zadatak odradili su vježbu grupnog slikanja pri čemu su



da promatrač sam zaključuje tematiku. U poziciji izvoditelja aktivnosti na likovnoj koloniji mi je bilo super, omogućilo mi je da se nađem na drugo strani radionice i potaknem sudionike na razmišljanje o temi, za razliku od uobičajene pozicije sudionika gdje sam ja taj kojeg motiviraju. Mislim da su ovakve aktivnosti idealne za organizaciju poput ZaKUM-a gdje nam je cilj mlade potaknuti na kreativno promišljanje o aktualnim temama.“, rekao nam je izvoditelj aktivnosti ispred Zagorske kreativne udruge mladih, Karlo Pasiček.

Svi radovi nastali na likovnoj koloniji bit će objavljeni u online katalogu tijekom kolovoza povodom obilježavanja Međunarodnog dana mladih.

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