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MLA- DOST. DOBRŌ

BUILD
YOUR
OWN

Poziv na likovnu koloniju

ZaKUM

Predstavljamo vam PARK ZNANOSTI! I

Tomica Forko

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SAVJETA MLADIH

@KoordinacijaSMRH

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Monthly Horoscope

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**MREŽA
UDRUGA
ZAGOR**



CENTAR ZA MLADÉ KZZ

**THIS MAGAZINE
REFLECTS THE VIEWS
ONLY OF THE AUTHORS, AND THE
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BUILD YOUR OWN

This issue is all about building yourself! In a world full of endless possibilities, the concept of "build your own" comes to the forefront and inspires individuals to shape their lives and strive for the best versions of themselves. As young adults on a path of self-discovery, we hold the key to unlocking our true potential and creating a unique identity.

Embrace Your Uniqueness

The foundation for building your own path lies in embracing your uniqueness. We all have different qualities, talents and perspectives that make us who we are. Instead of conforming to societal expectations or trying to fit into predetermined moulds, celebrate what makes you different. Embrace your quirks, passions and interests because they are the building blocks of your individuality. Remember, it is our differences that make us shine and add to the rich tapestry of the human experience.

Define Your Vision

To embark on the journey of self-transformation, it is crucial to define your vision. Take time to reflect on your values, aspirations and dreams. What kind of person do you want to be? What kind of impact do you dream of making on the world? Set goals that align with your personal vision and create a roadmap for your growth. Be specific and realistic and break down your goals into actionable steps that will move you forward.

Ultimately, as young people with unlimited potential, the power to build our own path lies within us. Embrace your uniqueness, define your vision, embrace lifelong learning, see failure as an opportunity and develop a supportive network. By utilising these principles, you can unlock your true potential and become the best version of yourself. Embrace the adventure of building your own path, because on this journey you will discover the limitless possibilities that await you.

Likovna kolonija

**Subota, 29.7.2023. u 10:00 sati,
Zagorska Sela 39, Zagorska Sela**

Mlada si osoba i želiš se kreativno izraziti? Prikluči se likovnoj koloniji i pokaži nam kako ti vidiš mentalno zdravlje mladih, sa kakvim se mladi preprekama susreću i na koji način se možeš izraziti kroz umjetnost slikanja.

Za tebe smo pripremili i predavanje o mentalnom zdravlju mladih koje će voditi Vendi Keserica Tomičić, socijalna radnica uključena u edukaciju Ekspresivne art terapije.



Dodji i #budimokreativni zajedno!

Za sudjelovanje su potrebne prijave, a prijaviti se možeš najkasnije do 25. srpnja 2023. godine skenirajući QR kod.

„Ovaj je dokument izrađen uz financijsku podršku Krapinsko-zagorske županije. Sadržaj ovog dokumenta u isključivoj je odgovornosti Zagorske kreativne udruge mladih i ni pod kojim se uvjetima ne može smatrati odrazom stajališta Krapinsko-zagorske županije“

*Projekt „Kreativni mladi Zagorja!“ financira Krapinsko-zagorska županija, a provodi ga Zagorska kreativna udruga mladih s partnerima LAG Zagorje-Sutla i Pregrada.Info-udruga za mlade.

Predstavljamo vam **PARK ZNANOSTI!**



Projekt Park znanosti postoji već trinaest godina te je autorsko djelo Luke Vevereca. Ideja je ta, da se ljudima, a prvenstveno djeci prikaže i popularizira znanost na zabavan način. Instalacije i eksponati u izradi Parka, omogućuju posjetiteljima da vide kako u praksi djeluju zakoni sile sir Isaac Newtona, Pitagorin poučak te kako na jednostavan način u hodu odsvirati himnu Europe.



#GDJEJEZNANOSTZABAVA

Ponukani velikim interesom javnosti, Park je svoje eksponate proširio cijelom Hrvatskom, od Vukovara do Dubrovnika, a svi se eksponati na jednom mjestu nalaze u Mokricama pored Oroslavja u Parku znanosti koji je otvoren 2018. godine. Od tada Park bilježi sve veći interes posjetitelja te je s početnih petnaest tisuća posjetitelje dosegao brojku od trideset i pet tisuća u 2022. godini. Povećanjem opsega djelatnosti, redovima Parka pridružuju se Matija i Tomica te se idejama i radom priključuju Luki. Kreiranjem novih projekata i veće mobilnosti Parka, 2022. godine kreće i Park znanosti na kotačima, mobilna verzija kojim Park putuje i u vaše mjesto, školu, događaje... Stručnim vodstvom, opuštenim pristupom i radionicama ovaj trojac stvara “magiju” iz fizike, a strašnog “zmaja” matematiku pretvara u zabavno i pristupačno iskustvo.



*Autor: Tomica Forko
Fotografije: Tomica Forko*



18. SJEDNICA KOORDINACIJE ŽUPANIJSKIH SAVJETA MLADIH

Članice Savjeta mladih Krapinsko-zagorske županije Mihaela Visinski i Marija Gebert, te zamjenica člana Ana Đurkan sudjelovale su prošlog vikenda na 18. koordinaciji županijskih savjeta mladih RH u Virovitičko-podravskoj županiji.

U petak, 30. lipnja, svečano je otvorena 18. sjednica Koordinacije.

Sve članice i članove su pozdravili župan Virovitičko-podravске županije gospodin Igor Andrović, zastupnica u Hrvatskom Saboru gospođa Vesna Bedeković te u ime glavnog tajnika Koordinacije gospodin Josip Juričić.

U subotu, 1. srpnja, održano je predstavljanje rada Veleučilište u Virovitici koje su održali dekan Veleučilišta doc.dr.sc. Dejan Tubić te prodekan Veleučilišta dr.sc. Damir Ribić. Prezenterali su rad Veleučilišta i "Virovitički model financiranja visokoobrazovne ustanove", jedini takav model i primjer sinergije visokoobrazovne ustanove te jedinica lokalne i regionalne samouprave.

Održano je predstavljanje rada i uloge koje je održao Predsjednik Savjeta za mlade Vlade Republike Hrvatske gospodin Josip Jagodar. Predstavio je sastav i dosadašnji rad te predložene i usvojene mjere Savjeta za mlade Vlade upućene prema donositeljima odluka.





Također, održan je radni dio sjednice. Uz prihvaćenje zapisnika i izvještaja o radu glavnog tajnika gospodina Marija Rajiča, izabrano je novo vodstvo Koordinacije: Željko Romić (Savjet mladih Virovitičko-podravske županije) za Glavnog tajnika, Domagoj Goreta (Savjet mladih Splitsko-dalmatinske Županije) za Međunarodnog tajnika te Nikola Kovačec (Županijski savjet mladih Koprivničko-križevačke županije) za Tajnika za suradnju sa Hrvatskom zajednicom županija. Nakon izbora, predstavljena su prioritetna područja rada novog vodstva a to su politika zapošljavanja, zdravstvena politika i obrazovna politika.

U nedjelju, 2. srpnja, održan je posjet Gradski Muzej Virovitica gdje je predstavljena zavičajna povijest Virovitičko-podravske županije i Grad Virovitica te uloga javnih ustanova u pružanju doprinosa razvoju lokalnih zajednica u područjima kao što su kultura, turizam i socijalna uključenost.

Source of text and photos: FB @KoordinacijaSMRH

SUMMER WITHOUT LOSSES

What do holidays remind you of? I always make new resolutions and say that this summer holiday will be different. These times (including special days like Christmas and birthdays) always feel good for the things I want to change. I can't say that I'm very good at sticking to my plans. These days usually go by very quickly, but I still like to make decisions with this motivation.

For as long as I can remember, myself has always been a big subject for me. Growing up, existing, people, history, our world... While all of them are full of question marks, I think being in this world, finding yourself, and being yourself is an issue in itself.

Human character is formed by a combination of many factors such as genetic inheritance, environmental influences, education, culture, experiences, and personal choices. Each of these factors plays a role in the development of personality traits.

Genetic inheritance has an important effect on human character. Through heredity, some traits are passed on from generation to generation and certain tendencies that a person is born with are reflected in his/her character. For example, some people may be naturally calmer and more patient, while others may be more energetic and excitable.

Environmental influences also play a major role in shaping character. Environmental factors such as family, friends, school, workplace, and society provide experiences that influence people's personality traits. The family environment has an important influence on a person's values, beliefs and social behavior. For example, if honesty and respect are adopted as values in a family, a person can reflect these values in his/her character.

Education also plays an important role in the development of character. School, teachers and learning experiences develop people's knowledge and skills, while at the same time moulding their personal characteristics.

Characteristics such as discipline, responsibility and self-confidence gained during student years can contribute to character.

Culture is also an effective factor in the formation of character. Each culture adopts different values, norms and behavior models. These values and behaviors affect people's character and determine how they behave in that society. For example, in some cultures, social relations and solidarity are at the forefront, while in others individualism and competitiveness are more important.

Finally, one's own choices are also a determining factor in the formation of one's character. A person makes choices in line with his/her values, beliefs and goals, and these choices may turn into behaviors that reflect his/her character. For example, if a person values honesty, they will put honesty at the center of their choices and reflect this value in their character.

A person's character can change and develop over time. Experiences can change a person's thinking and perspective, cause them to revise their values and thus shape their character. People can develop their character by learning from their mistakes and growing.

The effects of character on people are also very important. Having a good character contributes to establishing healthy relationships, being trustworthy, behaving in accordance with ethical values and the ability to find solutions to problems. On the other hand, having a negative character can lead to problems in relationships, loss of trust and exclusion in society. But with all this, it may not be so easy to build yourself, it is a fact that there are various difficulties that we can all face.

The first challenge is lack of motivation. For many people who want to develop themselves, the biggest problem is that the level of motivation decreases over time. In the beginning, it can be easy to set goals and create an inspiring vision. But as time passes, this level of motivation can drop and the person may find it difficult to stay motivated when dealing with innovative ideas or when they are in a challenging period. At this point, it is important to remember your goals, utilize sources of encouragement and regularly assess your progress.

The second challenge is that it requires patience and persistence. Self-development is a long-term process and may require patience and persistence at times. It may take time to achieve the desired results and sometimes repetitive effort may be required to achieve goals. In this case, it is important to break your goals into small steps, establish a regular routine and enjoy the process. Remember, great achievements start with small steps.

The third challenge is confronting our own beliefs. The process of self-improvement may require us to confront our existing beliefs. Some beliefs may hold us back because of insecurities or fears about ourselves. It is important to do inner work to recognize our own limiting beliefs and replace them with positive beliefs. This will help you to be open to new experiences and discover more potential.

The fourth and final challenge is external obstacles. When a person is trying to develop himself/herself, it may be inevitable that he/she will encounter external obstacles. These obstacles may be time constraints, financial difficulties, family or work-related responsibilities, social pressures, or environmental conditions. These obstacles can make it difficult or sometimes stall progress in the process of self-development. For example, limited time due to workload may result in a person not being able to allocate enough time to learn a new skill or receive training.

However, it is possible to overcome these external barriers. Strategies such as setting priorities, developing time management skills, creating support systems or finding alternative solutions can be implemented. For example, by organizing one's daily schedule, one can aim to make time for oneself and maintain a certain amount of time for self-development. At the same time, getting support from family and friends or using mentoring services can also increase motivation and progress.

These challenges to self-development can also be seen as opportunities. These challenges can help a person to discover their strengths, increase their resilience and overcome themselves. Overcoming challenges is an important step in one's journey of personal growth and success.

I wanted to write this article to remind people who are lost in similar situations that they are not alone and perhaps to motivate them a little. I hope that this holiday period will be a holiday where every plan you make, and every decision you make goes the way you want.

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picture: Pixabay



HOROSCOPE



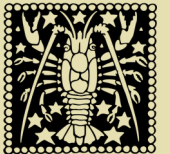
RISING ARIES: Career and relationships are on the agenda this month. You can judge yourself about what you have done in your career life and make landmark decisions. You may want to make innovations about your home life. You can start an old hobby or go on a holiday that you want to go but can't go. Since Venus retreat is in your love house, there may be returns from your ex-loves, pay attention to spending!

RISING TAURUS: Academic issues, travelling abroad and travelling are on your agenda this month. In addition, opportunities related to these issues may come to your feet. As of the second half of July, you can start new trainings and make new friendships. You can create changes in your life by taking long-term and permanent decisions. Since Venus retreat will be in your family house, disagreements may arise in the family. If there are unfinished works such as home, property purchase or renovation, you may have the opportunity to complete them.



RISING GEMINI: Financial partnerships, tax, inheritance issues are on your agenda this month. You will make evaluations on these issues and calculate the pros and cons. Uncertain issues can be clarified. As of the second half of July, you can seize new opportunities in financial matters. Your sources of income may increase and you can get rid of your debts. Venus retreat will be in your field of communication, education, travelling, close environment and siblings. On these issues, issues that have not been completed in the past may come before you. For example, you can meet and reconcile with old friends whom you have not spoken to, with whom you have sulked.

RISING CANCER : Bilateral relationships are on your agenda this month. This can be a business partner, spouse, counsellor. Whoever you are dealing with can review their responsibilities and ultimately make a decision. you can give. You can make physical changes starting from the second half of July. You can give yourself a new You can set goals and make new decisions in your life. Venus retrograde in your money area is affected. There may be delays in your expected payments. New ways of income while expenditures increase You can find it. Avoid wastefulness.



RISING LEO: Your daily life order and health may be on your agenda this month. Your work environment and You can review your daily life and clarify confused situations. Authority You can get support from figures and get help from them to realise your dreams. July As of the second half of the month, there may be new developments beyond your control. Your personality, appearance may gain importance. With Venus retrograde, you should especially pay attention to your appearance, health and relationships. Your past relationships may come to the agenda.

RISING VIRGO : Love and children are on your agenda this month. If you have a flirt or a lover, you can make a judgement and take things seriously. You may think about how much I enjoy life. As of the second half of July, you can meet new people and take new steps regarding your social circle. You can join groups and organisations you are interested in. You can take steps to realise your dreams. Venus retreat may bring hidden matters and things that are going on behind your back in front of you. Secret love affairs and confessions may come to light. Meditation, spirituality and mystical issues may gain importance. It is a favourable period to retreat and do yoga.





RISING LIBRA: Home and family are on your agenda this month. You can review your family relationships and weigh whether everyone is taking the responsibility they should take. Family crises may occur. As of the second half of July, you can make new beginnings in your career life and change your status. Your financial gains may increase. You can take steps for the positions you dream of. Venus retreat with your friends Since it will be in the related field, unfinished romances may start with someone from your social circle. Old You can reunite with your friends and review your problems.

RISING SCORPIO: Your agenda this month is siblings, your close circle, education and contracts. These issues you will review things related to your work. You can discuss how much responsibilities have been fulfilled. You may experience positive developments with your partner and receive support from him/her. Second part of July foreigners, abroad, travelling, academic studies, civil lawsuits, etc. You can make new beginnings in matters. Unexpected and important developments may occur. Close Neighbours your environment may put pressure. As Venus retrograde is in the career field, you may be starting a new job or promotion. There may be delays in waiting. There may be problems with women. This is a period You can use it to take a step towards the goals you want to complete but cannot complete.



RISING SAGITTARIUS: Your agenda this month is money You may think about how your income and expenditure situation is and check your expenditures. You may realise the responsibilities you need to take in financial terms. After the second half of July, you may take sudden decisions in financial matters, take loans and borrow money. You can search for additional income. During Venus retrograde, you may have problems in matters such as foreign education, media broadcasting, travelling and law. There may be setbacks in travelling. Your visa or passport affairs may be delayed. Your relationships with teachers may deteriorate. You may encounter your old loves. You may go back to a city you have been to before.

RISING CAPRICORN: You will have yourself on your agenda this month. You can review your personal development and your main motivations. You can focus on your responsibilities and analyse what you have done or not done. After the second half of July, new relationships, partnerships and a serious relationship may come to the agenda. Single relationships can start a new relationship, while married ones can experience important developments. Those in a relationship can take serious steps. During Venus retrograde, you may experience developments in matters such as debts, loans, compensation, inheritance. While acting in these matters, be cautious and take care not to lend money or be a guarantor. You should stay away from situations that will put your money at risk.



RISING AQUARIUS: This month, if there are people gossiping behind your back, it may be a month when these will fall in front of you. There may be situations beyond your control. Keep your eyes open. After the second half of July, you can get promoted in your business life, start a new job and take a new step professionally. There may be lucky developments related to family and home, your love marriage relationship area is affected by Venus retrograde. You may have problems in these matters. Past loves can knock on your door. Problems experienced in the past may resurface again and bother you. You should be careful not to take new steps in both business partnership and marriage.

RISING PISCES: Your goals will be on the agenda this month. You can review how much responsibility you have taken for your future dreams and what you have done. It may be a period when you will also account for your social circle and friendship relationships. After the second half of July, you can make new flirts and enter fun environments. Be careful while flirting because Venus will be Retro Venus retrograde can open a gap between your work environment and your colleagues. Ego conflicts may come up. It is not appropriate to change jobs and positions during this period. It would be best to complete the work and projects you left in the past. You can also undergo a health check.



Gamze Tezer is a young astrologer who has studied astrology in Turkey for many years and is deeply interested in this subject. She shares her monthly astrological interpretations with us.

İSTANBUL

Istanbul is a site that fascinates many people, its Bosphorus connecting Asia and Europe has inspired many things. We can see this in the lyrics of the song Bosphorus by the band Brazzaville



*"She was married to the Bosphorus
She threw her ring in then she blew a kiss
To the Ottomans and Byzantines
Lying beneath the sea
She wore a pink and yellow summer dress
She kept her hair just like a poetess
She traveled all the way to Germany
The trains and the cold, dark sea*

*The amber glow of a morning cigarette
On the İstiklâl Caddesi
The vapor trails and the tiny minarets
All the domes in silhouette"*





Photographer:Aysenur Kursun

WHAT IS YOUR



FAVOURITE FILM?

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